Rope Skipping Canada

Saut à la Corde Canada

2026 RSC Report

The 2025-2026 season has been another busy and productive year for Rope Skipping Canada (RSC), with continued progress across national competitions, athlete development, coaching, and organizational initiatives. As our sport continues to grow and evolve, RSC remains committed to creating meaningful opportunities for athletes, coaches, officials, and clubs while building a strong and sustainable foundation for the future of rope skipping in Canada.

National Competitions and Athlete Opportunities

The 2026 Canadian Rope Skipping Championships took place at the University of the Fraser Valley in Abbotsford, British Columbia, bringing together athletes and clubs from across the country. Nova Scotia was represented by athletes, coaches, judges, and volunteers from Scotia Skippers and Jump Energy, all of whom contributed to another successful national championship.

National competitions continue to provide valuable opportunities for athletes to challenge themselves, connect with the broader skipping community, and celebrate the progress of our sport.

Planning is also underway for the 2027 Canadian Rope Skipping Championships, which will be hosted at the University of Waterloo in Ontario. RSC continues to explore ways to improve the competition experience for athletes, coaches, officials, volunteers, and spectators.

International Competition and Team Canada

RSC continues to explore opportunities for Canadian athletes to compete internationally, gain valuable experience, and train alongside athletes from around the world.

Over the past year, Canada hosted a summer training camp in collaboration with the Chinese Rope Skipping Association (CRSA), providing athletes with a unique opportunity to learn and train together. Canadian athletes also travelled to China to compete in the 2026 Shanghai Elite Masters Competition.

Looking ahead, preparations are underway for the 2027 IJRU World Championships in Norway. This includes the national qualification process and ongoing coordination to support athletes and coaches preparing for international competition.

Nova Scotia continues to play an important role in Canada's international representation, with several athletes pursuing qualification for the 2027 World Championships and Sam Ashley serving as Team Canada Head Coach. RSC looks forward to supporting athletes and coaches from across the country as they work toward representing Canada on the world stage.

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Growing and Strengthening Our Sport

Throughout the 2025–2026 season, RSC's Board of Directors, committees, and volunteers have continued working to strengthen the organization and support the long-term development of rope skipping across Canada. Key areas of focus have included coaching education, technical policies, national competitions, athlete development, and governance.

A significant priority has been advancing the outcomes identified in RSC's strategic plan. The plan continues to guide our work, helping align national initiatives with our long-term goals and build a stronger, more sustainable future for rope skipping in Canada.

Nova Scotia's National Involvement

Nova Scotia continues to contribute to the development of rope skipping beyond our provincial borders through participation in national leadership, committees, and event operations.

Our Nova Scotia representatives involved with RSC during the 2025-2026 season included:

- **Nicholas Dewar** - RSC Athlete Council RSANS Rep
- **Sam Ashley** - RSC General Manager, National Tournament Committee, Livestream and Photography Coordinator, Awards Committee
- **Cameron Short** - RSC Board of Directors Chair and RSANS Rep, RSC Registrar, RSC Tech Committee, RSC Coaching Committee, RSC Judge Task Force

We encourage anyone interested in contributing at the national level to consider becoming involved in an RSC committee or initiative. These opportunities help bring different perspectives into national discussions and ensure that provinces like Nova Scotia have a voice in shaping the future of the sport.

Looking Ahead

As we move into the 2026–2027 season, RSC looks forward to continued opportunities for national and international competition, alongside ongoing work to support athletes, coaches, clubs, and provincial organizations.

Thank you to the athletes, coaches, officials, volunteers, families, and administrators whose dedication makes these opportunities possible. We look forward to another exciting year for rope skipping across Canada.

Cameron Short
Rope Skipping Canada