



# **Rope Skipping Canada**

## **Saut à la Corde Canada**

### 2024 RSC Report

RSANS had two teams representing Nova Scotia at the 2024 Rope Skipping Canada National Championships. There was a great turnout and athletes from all clubs had excellent performances. The tournament ran smoothly. RSC is looking at ways to further streamline the National Championships in 2025. Rope Skipping Canada changed its number of qualifying spots in certain events and divisions to try and raise the level of competition. The live stream was watched by thousands across the country. RSC is continuing to work toward making our sport more accessible and entertaining as a spectator sport both in person and virtually.

Following the 2023 IJRU World Championships, RSC worked with its members to develop a plan for qualifying for the 2025 IJRU World Championships. Athletes across Canada will all have local competitions where they will record their routines and submit them to be judged virtually. We hope to see Nova Scotia athletes representing Canada in Japan in 2025.

Rope Skipping Canada created many committees over the past two seasons. We had Nova Scotia representation on some committees and we hope to encourage more Nova Scotians to volunteer to ensure our representation at the national level.

Our Nova Scotia representatives at the national level this year were:

Cameron Short - RSC BoD Secretary and RSANS Rep, RSC Tech Committee, RSC Coaching Committee, IJRU NGB Rep, IJRU Tech Rep, Team Canada Manager.

Sam Ashley - RSC BoD Treasurer, Registrar, General Manager, National Tournament Committee.

As we look further into the 2024-2025 season, with the announcement by IJRU that there are significant changes to the rules, RSC is working to provide training as quickly as possible to our judges and we appreciate your hard work understanding the changes and learning the new rules while waiting for training.

Thank you to everyone who made the 2023-2024 season an excellent year. We look forward to continuing to grow and promote our amazing sport in 2025!

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Cameron Short  
Rope Skipping Canada