



2024 RSANS Annual General Meeting President's Report

The 2023/2024 Rope Skipping Season was a great success. We now have three competitive teams (Jump Energy, Scotia Skippers and Annapolis Skippers) in NS. They all represented themselves and their associations in a positive manner and had a successful year at competitions and within the communities.

Our RSANS Athletes competed in a masters competition early in 2024 as well as the provincial competition this year in April. We had many participants qualify for the 2024 Rope Skipping Nationals that were held at Wilfred Laurier University in Waterloo Ontario in May. Our athletes had another great showing at Nationals and we are very proud of their accomplishments and how they represented NS.

It would not be a complete year without the recreational skippers we have in the province and they were in full attendance again this year at many events and at the provincial recreational competition. We had former competitive members in attendance this year as well to take in the event and take part in the provincial workshop.

On behalf of the RSANS board I would like to congratulate this years' Support for Sport recipients who were honoured at this years' event in Halifax on June 1, 2024:

Male Jr. Athlete of the year: Nicholas Dewar

Female Jr. Athlete of the year: Leighton Miles

Male Sr. Athlete of the year: Jacob Nussey

Female Sr. Athlete of the year: Makenzie Adams

Team of the year: Jump Energy Sr. team (Delia Miles, Hanna Janes, Mackenzie Adams, Jacob Nussey)

Official of the year: Susan Cole

Volunteer of the year: Kristyn Ball

Coach of the year: Cameron Short

Community Sport Organization of the year: Annapolis Skippers

I would like to thank our board members for all their hard work and we now have representation from all teams this year. We have a bright future ahead.

The Annapolis Skippers will be hosting the 2025 Provincial Championships in Annapolis Royal and we look forward to a great year in the 2024/2025 season.

Keep the Ropes Turning,

Sincerely,

Dwight Lucas

President of Rope Skipping Association of NS