2026 RSANS Annual General Meeting

President's Report

The 2025/2026 Rope Skipping Season was a great success. Our three competitive teams (Jump Energy, Scotia Skippers and Annapolis Skippers) and 1 independent skipper again represented Nova Scotia and their communities well and the future looks bright for Rope Skipping.
Our athletes competed in a masters competition locally in November 2025 as well as a mini competition and workshop in January 2026. RSANS brought in experienced skippers from Ontario to help us out with workshops across the province and helped our local teams advance their skills.
Development of the sport was on full display as well with RSANS be represented at the Milk Sport Fair (Sport NS) and at the TAPHPE Conference for Physical Education teachers this past year.

Our provincial competition this past year was in March, 2026 and we had many participants qualify for the 2026 Rope Skipping Nationals that were held at the University of Fraser Valley in Abbotsford British Columbia in May 2026. Our athletes had another great showing at Nationals and we are very proud of their accomplishments and how they represented NS.
It would not be a complete year without the recreational skippers we have in the province and they were in full attendance again this year at many events and at the provincial recreational competition. We had former competitive members in attendance this year as well to take in the event as volunteers and take part in the provincial workshop.

On behalf of the RSANS board I would like to congratulate this years' Support for Sport recipients who were honoured at this years' event in Halifax on May 23, 2026:
Male Jr. Athlete of the year: Nicholas Dewar
Female Jr. Athlete of the year: Emily Myatt
Team of the year: Scotia Skippers 14-15 Mixed (Nicholas Dewar, Emily Myatt, Brooklyn West, Noah Spencer and Leighton Miles)
Volunteer of the year: Cameron Short
Coach of the year: Sam Ashley
Community Sport Organization of the year: Jump Energy
I would like to thank our board members for all their hard work this year.
The Annapolis Skippers will be hosting the 2027 Provincial Championships in Annapolis Royal and we look forward to a great year in the 2026/2027 season.

Keep the Ropes Turning,
Sincerely,

Dwight Lucas
President of Rope Skipping Association of NS