



Rope Skipping Canada Report 2018

The 2017-2018 season was a big step for Rope Skipping Canada with the creation of their 2018-2022 Strategic Plan. The plan highlights 4 key outcome areas: Participation, Leadership and Governance, Sport Development and Coaching Excellence. In the short term, the biggest impact is the introduction of coaching certification standards that include multi-sport coaches training, mandated criminal background checks and first-aid certification. This will help move us forward toward Sport Canada recognition and the development of an official NCCP.

In the longer term, we will see significant changes in competition structure and rules that will be adapted based on those of the International Jump Rope Union. With three Nova Scotians on the RSC board of directors, RSANS will have a strong voice at the table to ensure LTAD principles are preserved and our competition structure remains age and stage appropriate.

Erin Gillespie of Alberta has stepped into the Chair position, and Sam Ashley has moved into the role of Vice-Chair. Sarah Miles has joined the board for the first time as a director-at-large, and will provide the board with her expertise as a figure skating official to help guide future officiating policies.

A handwritten signature in blue ink, appearing to read 'C Short', is positioned above the name of the representative.

Cameron Short, RSC Representative